

# WEED WORLD™

ISSUE 159

## GORILLA SHERBET FI FAST VERSION®

### GROW GUIDANCE

Watering & Flushing  
Your Cannabis Plants

Will London Mayor  
**Sadiq Khan**  
DECRIMINALIZE  
CANNABIS?

### MEDICAL MARIJUANA

An Imperfect Excuse  
to Attempt Legalization

CANNABIS  
POLLEN  
COUNT ↑

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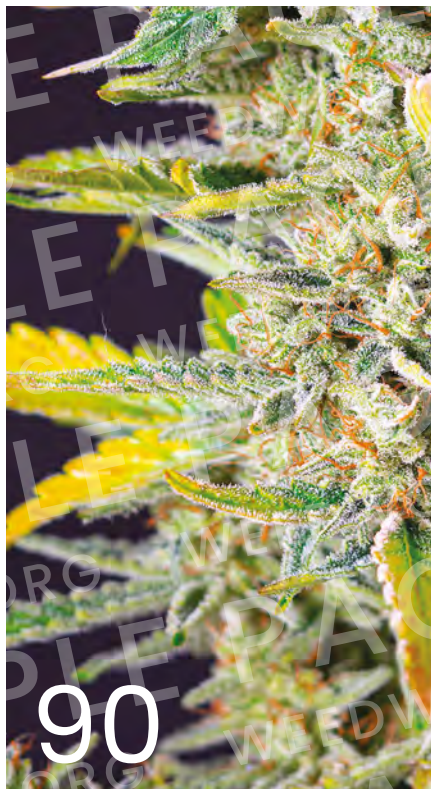
## IN THIS ISSUE:



60

### KITCHEN APOTHECARY: THE HERBAL BAR

Cali Sober (California Sober) is where many replace recreational drugs and excessive alcohol consumption with...



90

### FEATURED STRAIN: GORILLA SHERBET F1 FAST VERSION®

Nowadays, the cannabis world is highly influenced by the North American market and its excellent...



96

### WOMEN OF WEED WORLD: THE TORABI SISTERS

Patients-turned-advocates can make the most difference in educating at the local level. Often, they educate and...

## PLUS...

- |    |   |     |  |
|----|---|-----|--|
| 10 | Featured Products                                 | 66  | Blue Sunset Sherbet                                  |
| 16 | Versus the Big C                                  | 72  | The Old Man and Me                                   |
| 18 | How Does Cannabis Affect Work Performance?        | 76  | Cannabis for Epilepsy: Everything You Need to Know   |
| 22 | CBD and HIV: How Can the Plant Help?              | 78  | Cooking with Carosi                                  |
| 26 | Playing With Fire                                 | 82  | Will London Mayor Decriminalize Cannabis?            |
| 30 | Ahead of the Game                                 | 84  | Indoor Grow Report: Auto Colorado Cookies            |
| 34 | Cannabis Users Need More Sedation for Endoscopy   | 88  | A-Z of Health Complaints                             |
| 38 | Surprising Side Effects of Marijuana After Age 50 | 94  | Increase in Cannabis Pollen Linked To Illicit Growth |
| 42 | Time for Change - A Mother's Plea                 | 100 | Why the Term 'Medical Cannabis' is Incorrect         |
| 46 | News: Israel                                      | 103 | Coupons & Discounts                                  |
| 48 | How Often to Water & Flush Your Cannabis Plants?  | 104 | Entertainment Reviews                                |
| 51 | Swazi Gold 'Cannabis Grandmas'                    | 108 | Instagrammer of the Month: @nickelcitygrowguy        |
| 54 | An Imperfect Excuse to Attempt Legalization       | 112 | Helplines  |
| 64 | Thai For Change                                   | 113 | Useful Contacts                                      |

AND even more tasty snippets inside!

Cover: Gorilla Sherbet F1 Fast Version®, courtesy of Sweet Seeds®

Do you know when to stop watering pot plants and keep your marijuana healthy?

The golden rule when cultivating cannabis seeds is to feed crops every two to three days and flush them two weeks before harvest.

But you also need to consider your plant's stage and the conditions of your particular growing setup to get it right.

So, how do you feed and flush cannabis plants perfectly every time?

Here you'll find out how often you need to water your cannabis plants, ways to test moisture levels, and when to flush.

Let's go.

## HOW OFTEN DO YOU NEED TO WATER MARIJUANA PLANTS?

When it comes to cannabis cultivation, one of the most common blunders beginners make is overwatering their crops.

The issue isn't how much you feed your crops but rather doing it too often.

The roots of marijuana plants need time to breathe like any living organisms, so keeping your growing medium wet will drown them.

Getting the frequency right when feeding depends heavily on the stage of your crops. So, how much water do weed plants need?

Below is a general guide to how many days you should wait before feeding your crops based on their phase:

**Germination: 4-7**

**Seedling phase: 3-7**

**Vegging stage: 2-4**

**Flowering: 2-3**



There are a few symptoms that can occur when you overwater marijuana plants, notifying you that something is wrong.

For starters, the leaves on your crops will slowly start to droop. Many first-time growers panic when they see this happen and believe it's due to underwatering instead. The easiest way to tell the difference is by the yellowish tint leaves turn when there's too much water.

Another symptom of overwatering is when plants stop growing despite receiving full sun. Marijuana plants slowly lose vigour and become susceptible to harmful pathogens with no way of defending themselves.

The roots of your crops will also start to rot, cutting off the plant's supply of essential minerals, and it may eventually die.

## HOW TO TELL WHEN TO WATER YOUR PLANTS?

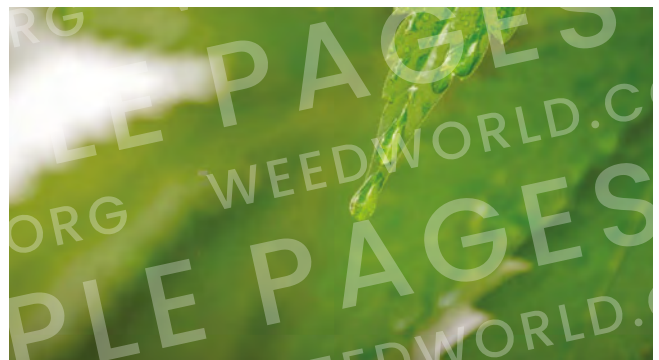
Since every cannabis plant's specific needs are different, it's best to have a way to test the moisture in the soil. Luckily, there are three easy techniques explicitly designed for watering cannabis.

### FINGER METHOD

The simplest way to see if you need to water your cannabis plants is by checking the medium with your finger.

Place your finger in the soil about two inches deep.

If there's any moisture, avoid watering for another day or two. On the other hand, if the medium is dry, then you can feed your plants.





*The vaporizer test: Like vaped „nimm2“ drops, light illuminates the dark hall*

After his first vaporizer test with half a gram of Blue Sunset Sherbert inside his Might+, The Doc reported with relish, “when you’re vaping these prime fruit flowers, it brings you memories of those nimm2 drops... an initial fruity sweet and sour taste sensation is followed by a kind of creamy aroma core the lingering sweetness of which dominates the aftertaste – with this variety, cannabis fruit flavour has arrived at a peak of perfection!” The two-phase effect of Blue Sunset Sherbert proved to be in no way inferior to this aromatic gloriousness then: The Doc’s fairly gloomy state of mind was brightened up as abruptly “as if in a dark hall someone had switched the light on”, as he put it, “it was sativa vitalization and euphoria of the highest order.” Which lasted about an hour, before The Doc drifted into the realm of indica, experiencing a pleasant body melt that didn’t send him into couch-lock territory, but infused him with warm relaxing coziness.

*The Doc’s verdict: A seamless continuation of Barney’s triumphant streak*

„Barney’s Farm’s triumphant streak through my grow room has seamlessly continued with Blue Sunset Sherbert. This variety fully deserves the advance praise it had received and has proven to be a ravishing beauty with highest marks in all departments – definitely some sort of blue-blooded Cali crème de la crème!”

**Genetics:** Blue Sunset Sherbert (Sunset Sherbert x Purple Punch)

**Vegetative stage:** 4 weeks (after germination)

**Flowering stage:** 62 days / 59–63 days in general

**Medium:** Bionova Bio Soilmix, 11 litre pots  
pH: 6.2–6.6 | EC: 1.2–1.8 ms

**Light:** up to 7 x SANlight Q6W = 1505 watts

**Temperature:** 19–28°C

**Air humidity:** 40–60%

**Watering:** manually

**Fertilization:** Bionova Soil Supermix, plus PK 13-14 in the flowering stage

**Additives/stimulants:** Bionova Silution, The Missing Link, Vitasol and X-cel

**Tools:** CleanLight Pro for mould prevention

**Height:** 76 and 82,5 cm

**Yield:** together, 192 g



## Cannabis for Epilepsy: Everything You Need to Know

Written by Paul James

When CBD was first legalized, it was often touted as the only solution many found to treat epilepsy and seizures. How far has research come since legalization, and how effective is cannabis in treating epilepsy?

With the Food and Drug Administration (FDA) approval of Epidiolex - the only federal prescription made from cannabis - there's a lot of evidence to suggest you may be able to use cannabis for epilepsy.<sup>1</sup>

However, research isn't concrete; more is necessary to understand the relationship properly. Certain cannabinoids - such as cannabidiol (CBD) - have been found to have more of an impact on epilepsy than others.

This article will take a deeper look at cannabis and epilepsy. We offer a proper understanding of how epilepsy works within the body and how cannabis directly influences those mechanisms.

### What is Epilepsy?

As the fourth most common neurological disorder, many out there struggle with epilepsy - some of which don't find results from traditional forms of treatment.

Simply put, epilepsy is caused by surges of electrical activity within the brain that cause seizures. A seizure is

defined by a sudden surge of abnormal electrical activity in the brain that will affect how you act and appear.<sup>2</sup>

Seizures can occur for several different reasons, including brain injury, high levels of sugar or salt in the blood, or a brain tumor. However, people diagnosed with epilepsy will experience seizures with no identifiable underlying cause.

For this reason, scientists and researchers have had a difficult time treating epilepsy - especially in those who struggle with rare forms of epilepsy.

We know that the disease disrupts the activity of brain cells (neurons) and makes it much more difficult for them to transmit messages through electrical impulses. Due to this interruption, people will experience a seizure.

Traditionally, anti-epileptic drugs (AEDs) can change chemicals within the brain to prevent seizures from occurring. While this will not cure epilepsy, most people (7 out of 10) will find relief from this treatment.

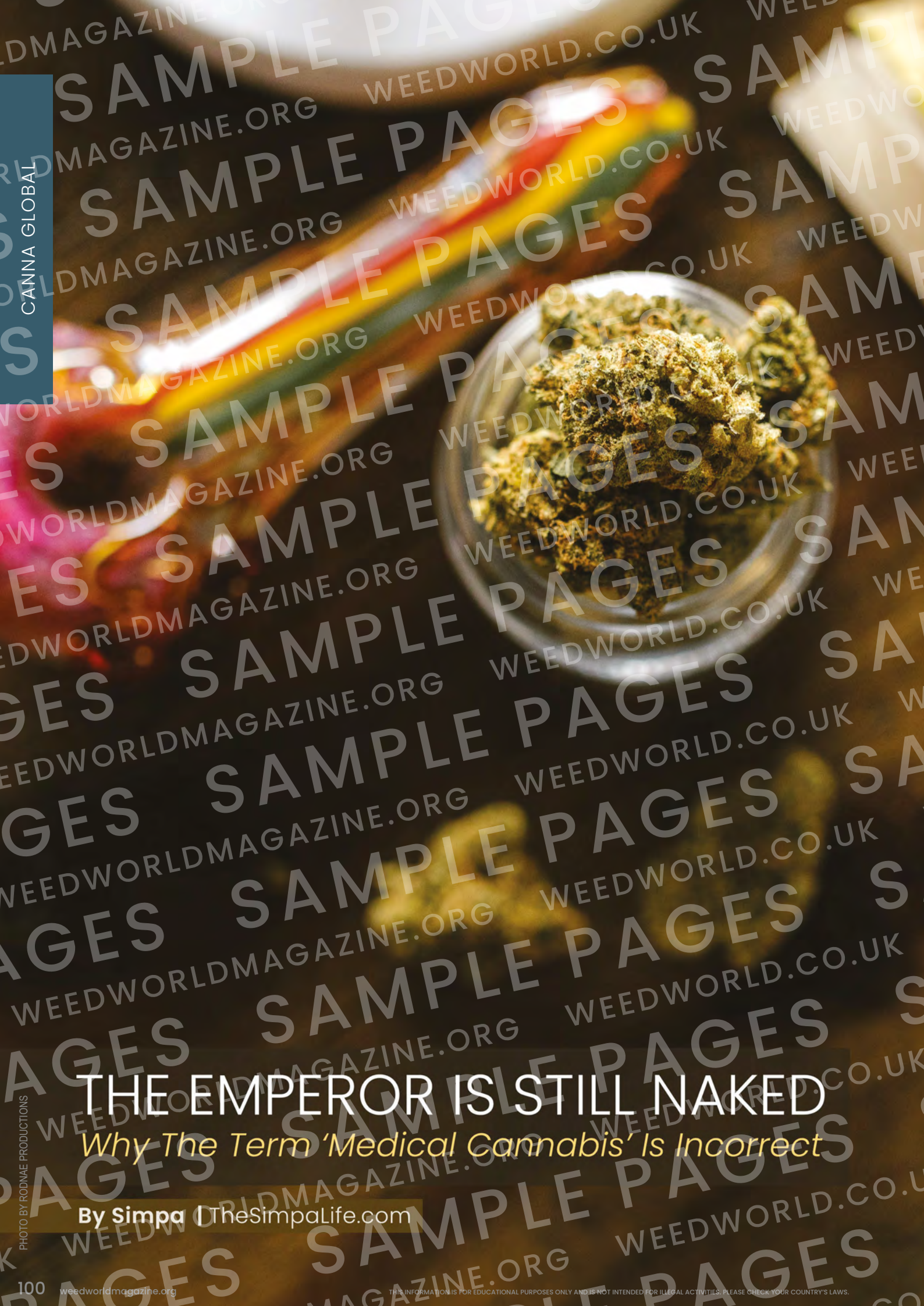
In more extreme cases, surgery may be performed to remove a part of the brain causing the seizures and replace it with a small electrical device. Again, this helps to control seizures but doesn't cure epilepsy.

Being the extremity of surgery and the unwanted side effects brought upon by AEDs, many seek out remedies in all-natural supplements. With that in mind, the question arises, can you use cannabis for epilepsy?

### Cannabis for Epilepsy: How Can it Help?

While research concerning cannabis and epilepsy (along with other neurological disorders) has been ongoing for several years, it remains a highly debated topic.<sup>3</sup>

According to early evidence, cannabidiol (CBD) has the most potential to control seizures. One review found that all reported evidence shows CBD can be effective in infants, children, and teens who experience epilepsy resistance to AEDs.<sup>4</sup>



# THE EMPEROR IS STILL NAKED

*Why The Term 'Medical Cannabis' Is Incorrect*

By Simpa | [TheSimpalife.com](http://TheSimpalife.com)